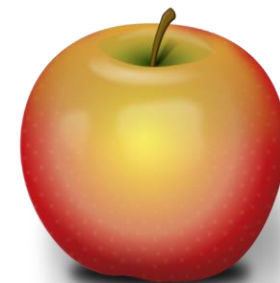


Hollyfast Primary School

Week One



2nd September, 23rd September, 14th October, 11th November, 2nd December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef lasagne Wheat, milk	Chicken Korma Wheat	Roast Gammon	Chicken Fajitas Wheat	Pepperoni Pizza Milk, wheat
Chicken nuggets Wheat	Pork Sausage Roll Wheat, sulphur dioxide	Sausage & mashed potato Wheat, sulphur dioxide	Quorn fillet in a creamy sauce Milk, wheat	Fish fingers Wheat, fish
Vegan Hotdog Wheat	Tomato & Pepper pasta Wheat	Quorn Roast Wheat	Jacket potato, cheese & beans Milk	Quorn Nuggets Wheat, mustard

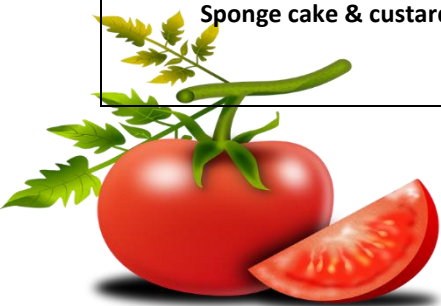
Salad bar and fresh bread available every day

Potato wedges, diced potatoes, roast potatoes, chips, mash, waffles or sauteed potatoes (different potato choice every day)

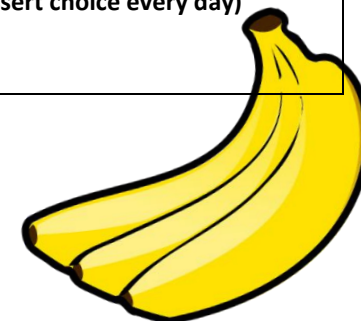
Carrots, green beans, broccoli or sweetcorn (different vegetable choices every day)

Sponge cake & custard/cream/plain, yoghurt, cheese & crackers, chocolate brownie, cookies apple crumble, ice-cream, shortbread (different dessert choice every day)

May contain milk, wheat, soya & eggs



AIM high, GROW within and REACH beyond the stars

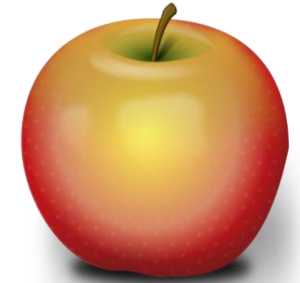




Hollyfast Primary School

Week Two

9th September, 30th September, 21st October, 18th November, 9th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac n Cheese Wheat	Spaghetti bolognaise Wheat	Roast Chicken	Big breakfast Wheat, sulphur dioxide	Beef tacos
Cheese & onion pastry Wheat, milk	Pork Hotdog Wheat, sulphur dioxide	Chicken pie Milk, wheat	Quorn Bolognaise Wheat, eggs, barley	Fish fillet Wheat, fish
Vegan Sausage rolls Wheat	Jacket potato, cheese & Beans Milk	Vegan pasta bake Wheat	Vegan fajitas Wheat	Fishless fishfingers Wheat

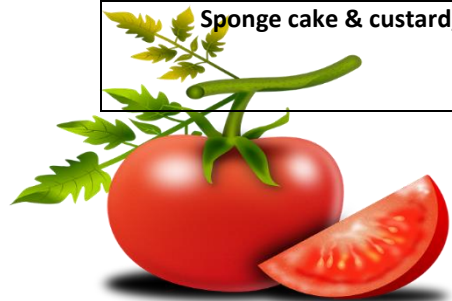
Salad bar and fresh bread available every day

Potato wedges, diced potatoes, roast potatoes, chips, mash, waffles or sauteed potatoes (different potato choice every day)

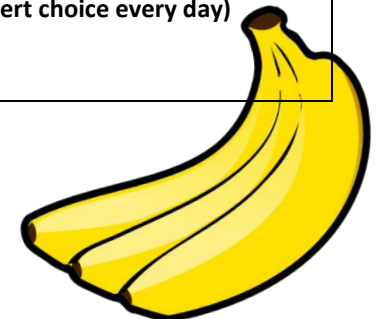
Carrots, green beans, broccoli or sweetcorn (different vegetable choices every day)

Sponge cake & custard/cream/plain, yoghurt, cheese & crackers, chocolate brownie, cookies apple crumble, ice-cream, shortbread (different dessert choice every day)

May contain milk, wheat, soya & eggs



AIM high, GROW within and REACH beyond the stars

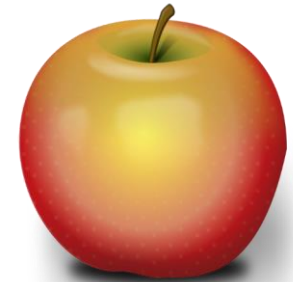




Hollyfast Primary School

Week Three

16th September, 7th October, 4th November, 25th November, 16th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy chicken pasta Wheat, milk	BBQ chicken wrap Wheat	Beef burger Wheat, celery	Pork meatballs Wheat, eggs	Ham baguette with chips Wheat
Quorn Burger Wheat, egg, milk, barley	Quorn Korma Wheat, eggs	Fish pie Fish, milk	Cheese & tomato pizza Wheat, milk	Tuna baguette with chips Wheat, eggs
Vegan sausage roll Wheat	Jacket potato beans & cheese Milk	Vegie fingers Wheat	Vegan meatballs Wheat, mustard, barley	Cheese baguette with chips Wheat, milk

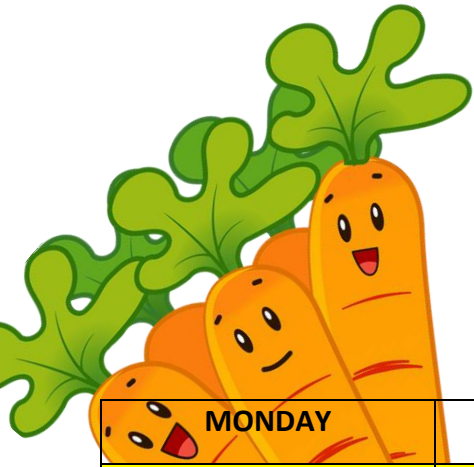
Salad bar and fresh bread available every day

Potato wedges, diced potatoes, roast potatoes, chips, mash, waffles or sauteed potatoes (different potato choice every day)

Carrots, green beans, broccoli or sweetcorn (different vegetable choices every day)

Sponge cake & custard/cream/plain, yoghurt, cheese & crackers, chocolate brownie, cookies apple crumble, ice-cream, shortbread (different dessert choice every day)

May contain milk, wheat, soya & eggs



AIM high, GROW within and REACH beyond the stars

